

SUPERSTAR LOOP DIRECTIONS

0-Exit Overlook ~~R~~ onto Pacific. el. 1,345'
.5 R High, .7 R Finley (pass HS, windy climb)
1.2 R Lubeck (bridge over RR track)
1.2 L Borland (right ~~across~~ bridge)
1.6 thru Hwy 49 lite onto Lincoln Way
3.1 thru Foresthill Rd lite (Century loop turns R)
3.8 L Bowman Undercrossing (~~under~~ fwy)
3.9 R Bowman Rd; 4.9 thru ~~Bell~~ Rd lite
5.9 R Dry Creek (into ~~Lake~~ Arthur Rd)
7.3 R Placer Hills ~~Rd across~~ Fwy)
7.5 L Applegate Rd; ~~10.0~~ = City Limit sign
11.9 = cross Fwy turns into Giesendorfer
13 L W Paoli (fwy offramp);
13.1 R W Paoli over Fwy
13.2 L Paoli - CAUTION Steep descent ~~X RR~~
13.5 L Ponderosa; 14.0 turns into Canyon Way
18.0 R Iowa Hill Rd; AID #1
CAUTION steep descent!
21.0 cross Iowa Hill Bridge, el. 1,200. Big Climb!
31.0 town of Iowa Hill, el 2,840'
32.0 stay R at fork
33.0 Cross Sugar Pine Dam el 3,660' WATER
36.2 stay L at fork
39.6 R Foresthill Rd el. 4,450'
49.8 L Mosquito Ridge Rd, Foresthill, CA
50.0 AID #2
Descend 9 mi to Circle Bridge, climb 1.5 to...
60.5 R Ralston Ridge/Blacksmith Flat Rd
CAUTION - steep descent to Oxbow
61.9 bathroom on left, then cross bridge
62.6 Begin Corkscrew Wall, el. 1,255'
Garment Drop, WATER
63.6 - Mile 1 el. 1,755'; 64.6 - Mile 2, ~~el. 2,355'~~
65.6 - Mile 3, el. 2,755'; 66.6 - Mile 4, el. 3,305'
You climbed 2,000' in 3.7 miles!

~68 - Pennsylvania Point AID #3

71.4 Fork R onto Blacksmith Flat Rd

CAUTION: VERY ROUGH ROAD next 6 mi

Potholes everywhere - SLOW SLOW SLOW

77.3 Fork R onto Swansons Cutoff (Rd. 2)

77.7 Cross bridge - begin sneaky little 500' climb

79.3 Merge with 11 Pines Rd. descend to creek

81.1 X bridge WATER+, gradual ridge climb

83.7 Stay R at fork; el. 5,000'; Descend to Rubicon

89.0 X Rubicon River bridge. Begin 5mi, 1,500' climb to Uncle Tom's Cabin, CA

93.7 R Wentworth Springs Rd. AID #4 ahead

93.8 Porta Potty on R

Paving project next 6 miles. Follow Pilot Car

99.6 X Stumpy Meadows Dam,

AID #4A&Bathroom

Begin 24mi, 2000' descent to Georgetown

105 Town of Quintette; el. 4,000'

109 Chiquita Store&Bathroom; el. 3,500'

115.4 Baseball field w/porta potty on R

115.5 PUC Office WATER+

go thru wide Georgetown Main St to Hwy 193

116.0 R Hwy 193 towards Cool

117.5 CAUTION steep descent

121.0 Greenwood, CA; next 6mi - flats&rollers

127.0 Auburn Lake Trails entrance

'Cool AID #5'

128.0 R Hwy 49 Cool, CA; Caution Steep, windy 3.4 mile descent to American River

131.5 X Hwy 49, American River

131.6 L on Hwy 49. Begin 2 mi climb to Auburn!

133.7 L Borland; Light at top of canyon

134.1 R Lubeck; Bridge over train track

134.1 L Finley; immediately across bridge, descend

134.6 L High St; pass high school. Caution L turn

134.8 L Pleasant Ave

135.2 L into Overlook Parking Lot. YOU DID IT!